

Disclosure Document

Exercise Science/Sports Medicine

Lisa Walker, ATC

Concurrent Enrollment

The purpose of Exercise Science/Sports Medicine is to help students develop an interest in medical and health related fields, and learn basic evaluation, taping and conditioning techniques of athletes. This course is part of the Health Occupation Student Association, (HOSA), and part of the Utah Health Science and Technology Curriculum. HOSA students who take this course have the opportunity to participate in State and National competition, which include the following: Knowledge and Terminology of Sports Medicine, Equipment fitting, Injury Assessment and Evaluation, Taping techniques, Rehabilitation of Athletes, First-Aid, and CPR certification. State Competition will be held in the spring.

Text: No Formal Text

Curriculum: Health Science and Technology, Exercise Science and Sports Medicine.

Attendance Policy: The Springville High School tardy and attendance policy will be followed.

Quiz: Pop quizzes may be given at anytime and will be on the topic discussed in class the previous class day. Quizzes will vary in points. Daily preparation is expected. Quizzes may not be made up without prior approval.

Tests: Written tests will be given at the end of each unit. A test date will be announced before the test is given. Students are expected to be in class on test day. **Tests may not** be made up without prior approval.

Practical Oral: A practical oral test will be given at the end of each unit dealing with evaluation and taping techniques. Each evaluation practical will vary in points dependent upon the skill(s) needed to complete a good evaluation.

Grading:

93=A	B+=85	C+=75	D+=60
87=A-	B =80	C =70	D =55
	B-=77	C-=65	D-=50

Quizzes cannot be made up. Written tests must be taken in class as scheduled unless prior written approval is obtained from the instructor. This makeup must be initiated by the student and will take place after school or by appointment. There will be **no make ups for unexcused absence. Attendance is 10% of the grade.**

Students may hand in extra credit only if all other work is completed and no assignments or exams are missing. Extra credit assignments are to help those who may have scored low on quizzes or tests. See me for extra credit. This class is dependent on participation and this will be taken into account when grading.

All reports must be typed. Late assignment maximum credit is 50% and must be approved late prior to due date.

All discipline problems will be referred to the front office.

DISRUPTIVE BEHAVIOR WILL NOT BE TOLERATED IN THIS CLASS. BE RESPECTFUL TO YOURSELF AND BE RESPECTFUL TO OTHERS. No food or drinks, including gum will be allowed in class. Water is an exception to this rule.

I am available after school each day. Due to my Athletic Training responsibilities I may be hard to find. You may e mail me at lisa.waker@nebo.edu if you need to contact me outside of my regular hours.

I have read the entire disclosure and I understand what is expected of me in this class.

_____ Date _____
Student (Print and then sign)

_____ Date _____
Parent or Guardian