



Springville High School
Counseling Office

Volume 2, Issue 1

September 2017

Lifelong Learning

Meet Your Counselors!

Important Upcoming Dates

Concurrent Enrollment Admissions Deadline	9/6
Concurrent Enrollment class signups due	9/8
Oct. SAT Signup Deadline	9/8
Sept. ACT	9/9
Practice ACT (Sophomores Only)	9/18
Homecoming week	9/11-9/15
Presentation about Scholarships in Senior English classes	9/12-9/14
Presentation about Suicide, depression and coping skills in health classes	9/19-9/20
College and Career planning meetings with seniors	Starting on 9/11
Oct. ACT Signup Deadline	9/22
College Information Day (Seniors)	9/27

Welcome to the new school year here at Springville High School. We hope that you had a wonderful summer vacation and are ready to have an amazing school year.

To start off the year, we want to introduce ourselves so that each of you knows a little bit about us and how to contact us.

Mike Johnson:

A Weber State and Utah State graduate who has worked at SHS for 12 years now. He attended high school on a military base in Germany but has now spent more time in Springville than anywhere else and considers himself a true Red Devil.

Corrin Owens:

Mrs. Owens graduated from Springville High School before attending UVU and the University of

Phoenix. A three sport athlete in high school, she now spends her time shuttling her 4 boys around to their games and meets.

NataLei Terry:

The Salutatorian of her California high school, Mrs. Terry attended BYU before living in Alaska for 13 years. She has now been at SHS for 13 years and is expecting her 2nd grandchild.

Aubrey Thornock:

Another Springville High Graduate, Mrs. Thornock attended SUU, and Utah State. She loves collecting



animals. Currently she has a dog, a cat, a turtle and plans to add a human in January.

Each of us is willing and able to help students reach their goals. Please feel free to come in and meet with us. Find out how we can help you reach your goals.

College Information Day



On September 27th representative from many of the colleges in Utah will be visiting SHS to present to seniors information regarding deadline, scholarships, housing and any other questions a student might have. It is a great opportunity for students to get information about the schools that they

are interested in.

Seniors will check in to their first period class that day and then be released to an assembly. After the assembly they will visit with 3 different schools. More information will be sent out as the day gets closer.

SHS Counseling

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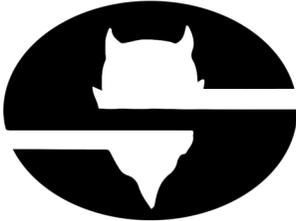
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Expert Advice: Study Skills

1. Cram sessions **DO NOT WORK!** You are better off studying a little bit of time over several days in-**stead of one long period the night before the test.**
2. **Location, Location, Location:** Find a spot free of distractions that allows you to concentrate. A desk is great, a bed is not.
3. Some basic organization can go a long way. This includes a regularly updated schedule, organized notes and assignments and general awareness of deadlines, dues dates and exam times.
4. Know your learning style. Once you know the best way for you to learn, you can adopt studying strategies that are best suited for you.

Especially for Seniors . . . College and Career Readiness Plans

Many seniors worry about what they will be doing this time next year. Hopefully, they have some general ideas about where they would like to be headed. Often these general ideas don't get fleshed out sufficiently and students miss out on some opportunities they can access during their senior year.

For this reason, the counselors meet with every senior early during that year to help the student navigate college/scholarship applications, the FAFSA, ACT/SAT testing, deadlines and what ever else will help them get ready for life after high school.

This year we will begin meeting with Seniors on September 11th. Instead of assigning times as we have in the past we ask that each of you schedule an appointment with your counselor online. Detailed instructions will be

Mike Keele IN70N.COM 5-17-13



emailed home the week before we begin meeting with students.

This is a wonderful chance for the

student to work with someone, one on one, and get that individualized attention you so deserve. We look forward to seeing each of you.